

Supplement Facts

Serving Size: 1 Chewable Wafer

Servings Per Container: 60

	Amount Per Serving	%DV Children 1-3 Years	%DV Adults & Children ≥ 4 Years
Total Carbohydrate	1 g	<1%†	<1%**
Folate (as calcium folinate 1.5 mg and calcium L-5 methyltetrahydrofolate 500 mcg)	2,000 mcg DFE	1,333%	500%
Vitamin B12 (as methylcobalamin)	10 mcg	1,111%	417%
Magnesium (as magnesium bisglycinate)	15 mg	19%	4%
Zinc (as zinc picolinate)	3 mg	100%	27%
L-Theanine	40 mg	†	†
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	30 mg	†	†
Vitamin K2 (as menaquinone-7)(K2Go®)	20 mcg	†	†

† Percent Daily Values (DV) are based on a 1,000 calorie diet.

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: Xylitol, sucrose, natural flavors, stearic acid, citric acid, beet root (for color), OnoSweet® rebaudioside M (from fermented rice), magnesium stearate, silica, and monk fruit extract.

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